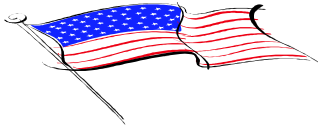








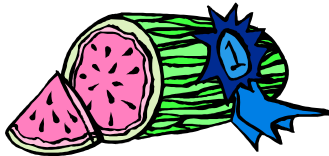



EAST WINDSOR SENIOR SERVICES EVENTS & ACTIVITIES

SEPTEMBER, 2012

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
<p>CENTER CLOSED! HAPPY LABOR DAY!!</p> 	<p>Coffee & Sharing with Sr. Center Team 10:00 - 10:30 Focus Group 10:30 - 11:30</p> <p>Chair Yoga 12:30</p>	<p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Warehouse Point Library 1:00 - 2:00 Cribbage & Card Games 10:30 - 12:00 Wii Fitness with Melissa 12:30 - 1:30</p>	<p>Foot Care Services 9:00 - 1:00 Free Blood Pressure and Sugar Screening 10:00 a.m. Tai Chi 10:30 - 11:30</p> <p>SENIOR CLUB MEETING 1:00-3:00</p>	<p>Foot Care Services 9:00 - 1:00</p> <p>BINGO 12:30 - 2:00</p> <p>Reminder Grandparents Day Sept. 9</p>
<p>10</p> <p>Shopping - Walmart/Big Y Plaza 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30 - 1:30</p>	<p>11</p> <p>Apple Picking  Johnny Appleseed Farm 9:00 - 11:00 Food for Thought 11:00 - 11:30 One-on-One Law Sessions 12:30 Ask CPA 12:30 Chair Yoga 12:30</p>	<p>12</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Wii Fitness with Melissa 12:30 - 1:30 Presentation by Danny Fitzen of Danny's Radio  12:30 - 1:30</p>	<p>13</p> <p>Tai Chi 10:30 - 11:30</p> <p>Wii Bowling Tournament vs. WL 1:00 - 2:30</p> <p>National Peanut Day! </p>	<p>14</p> <p>IN HOUSE MOVIE "The Artist" 9:30 - 11:30</p> <p>Mobile Food Share at St. Catherine's Parking Lot 1:45 - 2:30</p>
<p>17</p> <p>Shopping - Walmart/Big Y Plaza 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30 - 1:30</p>	<p>18</p> <p>Shopping at Geissler's 9:00 Coffee & Sharing with Sr. Center Team 10:00 - 10:30 Walking Group Initial Meeting 10:30 - 11:30</p> <p> Chair Yoga 12:30 National Butterscotch Pudding Day!</p>	<p>19</p> <p>ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00</p> <p> BIG E 9:30 - 7:00</p> <p>Wii Fitness with Melissa 12:30 - 1:30</p>	<p>20</p> <p>SHOPPING TRIP Christmas Tree Shop 9:00 - 11:45</p> <p>The Tri-Town Travelers "Long Island Wine Country" 6:00 a.m. - 8:30 p.m. SENIOR CLUB MEETING 1:00-3:00</p>	<p>21</p> <p>E. Htfd Farmer's Market 9:30 - 11:00 Tai Chi 10:30 - 11:30 Listen to Music & Dance with Farmer John Grace 12:30 - 2:00</p> <p>First Day of Fall - Sept. 22</p>
<p>24</p> <p>Shopping - Walmart/Big Y Plaza 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30 - 1:30</p>	<p>25</p> <p>VNA FLU SHOTS 9:00 - 1:00 </p> <p> Walking Group Inaugural Walk in East Windsor 12:30 - 1:30 Chair Yoga 12:30</p>	<p>26</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Melissa's Craft Hour 10:30 - 11:30</p> <p>Wii Fitness with Melissa 12:30 - 1:30</p>	<p>27</p> <p>MONTHLY SOCIAL 12:00 CAROLYN BELL</p> 	<p>28</p> <p>Old State House Free Concert/Farmer's Market "The Electric Trains" 11:00 - 2:00 Mobile Food Share at St. Catherine's Parking Lot 1:45 - 2:30</p>
		<p>Fall</p> 		

8/22/2012



SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 a.m. to 3:00 p.m.
SENIOR SERVICES 292-8262 TRANSPORTATION PROGRAM 292-8261 NUTRITION PROGRAM ON SITE-CAFÉ 292-8279
NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279 WEBSITE WWW.EASTWINDSORCT.COM

